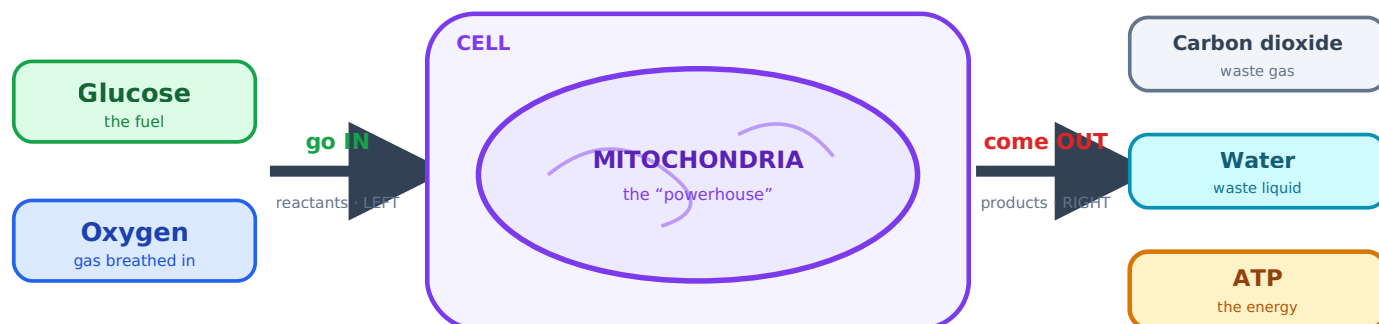


Name: \_\_\_\_\_ Class: \_\_\_\_\_ Date: \_\_\_\_\_

**How to use this:** read the diagram and the four facts, then fill the warm-up. When you can say it, you are ready for the We Do and your worksheet.

## What happens inside a cell everyone



- 1 **Respiration** releases energy from **glucose** to make **ATP**, inside your **cells** (it is *not* breathing).
- 2 **ATP** is the cell's **energy molecule**. It is made in the **mitochondria**.
- 3 **Aerobic** respiration needs **oxygen**, which lets glucose break down completely → **lots** of ATP.
- 4 **Reactants** go IN (on the **LEFT**). **Products** come OUT (on the **RIGHT**).

## Warm-up: fill the gaps everyone

**Word bank:** cells · energy · glucose · oxygen · ATP

- a) Respiration happens in your \_\_\_\_\_ and releases \_\_\_\_\_.
- b) The fuel is \_\_\_\_\_ and the gas it needs is \_\_\_\_\_.
- c) The energy is carried by \_\_\_\_\_.

## Push yourself Higher 3-5

Why does aerobic respiration release **lots** of ATP? *Start:* "Because oxygen lets glucose \_\_\_\_\_ (break down completely)."

## The two equations

**Glucose + Oxygen → Carbon Dioxide + Water (+ ATP)**

WORD EQUATION



SYMBOL EQUATION

The big 6s mean six molecules — always copy them in front of  $\text{O}_2$ ,  $\text{CO}_2$  and  $\text{H}_2\text{O}$ .

## Reactants & products

|           |                                                        |
|-----------|--------------------------------------------------------|
| Reactants | LEFT — they go <b>IN</b> (glucose + oxygen).           |
| Products  | RIGHT — they come <b>OUT</b> (carbon dioxide + water). |

Finish the sentences:

- The reactants are \_\_\_\_\_ and \_\_\_\_\_.
- The products are \_\_\_\_\_ and \_\_\_\_\_.
- The big 6s mean \_\_\_\_\_.

## Match — write the letter in the box

|              |     |                             |
|--------------|-----|-----------------------------|
| Respiration  | [ ] | A go in (left of arrow)     |
| ATP          | [ ] | B where it happens          |
| Mitochondria | [ ] | C releases energy in cells  |
| Reactants    | [ ] | D come out (right of arrow) |
| Products     | [ ] | E the energy molecule       |

## Coming next lesson look ahead



Next lesson: **anaerobic respiration** — what happens to glucose with **no oxygen**? Find out next time!