



Food-job labels

Cut along the table lines, or point to a card without cutting.

Use fictional menus and paper cards. No tasting, real feeding, calorie/weight discussion or personal dietary disclosure. One food may supply several nutrients.

Card	Card
Bread	Potato
Beans	Lentils
Carrot	Apple
Water	ENERGY
GROWTH AND REPAIR	VITAMINS, MINERALS AND FIBRE

Print only the sets you need. Adult preparation is an alternative to pupil cutting. These are original teaching labels and simplified models.



| PRINTABLE CARDS / WEEK 5

Animal-food example links

Cut along the table lines, or point to a card without cutting.

Match these as stated examples, not complete diets or real feeding instructions. Different species have different needs.

Card	Card
Cow	Grass
Owl	Mouse
Caterpillar	Leaves
Goldfish	Suitable fish food

Print only the sets you need. Adult preparation is an alternative to pupil cutting. These are original teaching labels and simplified models.



Fictional menu case cards

Cut along the table lines, or point to a card without cutting.

Discuss the card model rather than any person's real meals.

Card	Card
Case 1 — first model Only bread and water. Keep them; add cards to represent a wider range of nutrient jobs.	Case 2 — first model Meat, rice and vegetables. Replace meat with another protein source to make a meat-free model.
Meat	Rice
Vegetables	

Print only the sets you need. Adult preparation is an alternative to pupil cutting. These are original teaching labels and simplified models.