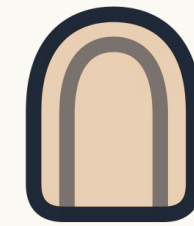


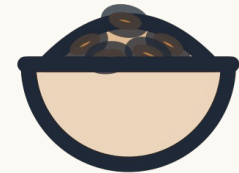
Compare and revise model plates

A different food can fit the same group.

I can justify a swap and explain the model's limits.



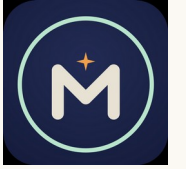
BREAD



RICE



PASTA

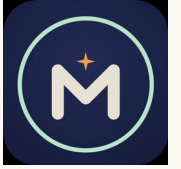


Return to your labelled groups

Find Monday's group labels and cards.

Name or point to the five broad groups.

Choose: move, draw, label or direct.



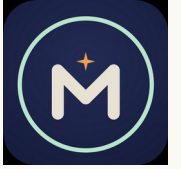
Case A: group the four foods

Rice

Chicken

Carrot

Milk



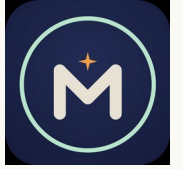
Case B: different cards

Bread

Beans

Apple

Fortified soya alternative



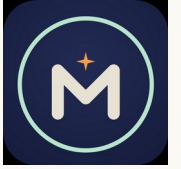
Compare the two models

WHAT CHANGED?

Rice → bread
Chicken → beans
Carrot → apple
Milk → fortified soya

WHAT IS ALIKE?

The specific foods differ.
Broad groups are similar.
Both models remain limited.



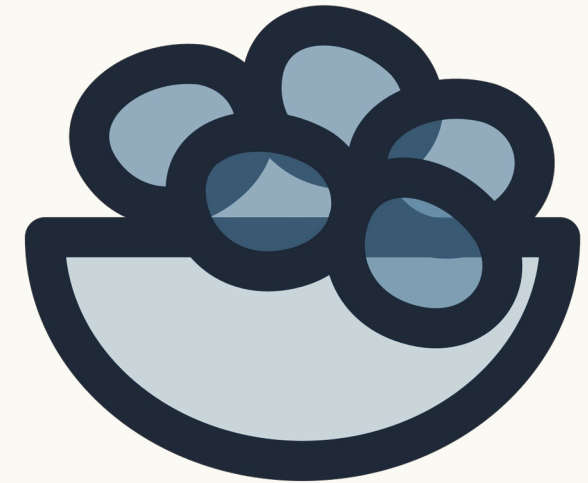
Make a protein-source swap

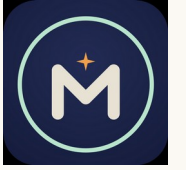
Start with the chicken card in case A.

Use beans to make a meat-free model.

Name the broad group that stays the same.

Could lentils be another option?



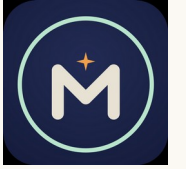


Pause and check what is missing

Check the five-group reference.

Does either model show every group?

Could a food appear at another time?



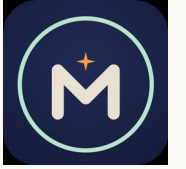
Revise, explain and keep evidence

Keep your first and revised models together.

Give a reason for one swap.

Name one thing the model cannot tell us.

Save the record and put cards away.



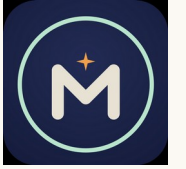
Your voice can change the lesson

What helped you join in?

What could make the next activity easier?

Point, sign, speak, write or pass privately.

Adult: agree one change and explain any limit.



What stays the same after a swap?

Supported: name a food in the protein group.

Standard: explain the chicken-to-beans swap.

Stretch: why can't one plate show all needs?